

FEB	Monday	Tuesday	Wednesday	Thursday
week 1	Hot dog and pasta gratin with brocolis Vegetable sticks 4 Piece of fruit	Omelette with chips and salad 5 Piece of cake	Seafood in creamy tomato sauce with rice and vegetables 6 Piece of fruit	Noodle stir fry with chicken and vegetables 7 piece of fruit
week 2	Macaroni and cheese Vegetable sticks 11 Piece of fruit	Burger and vegetable sticks 12 Piece of fruit	Margarita pizza Vegetable sticks 13 Piece of fruit	Fried rice with chicken and vegetables 14 Ice cream
week 3	Pasta with tomato sauce and cheese Vegetable sticks 18 Piece of fruit	Chicken and vegetable couscous 19 Piece of fruit	Hot dog and vegetable sticks 20 Cupcake	Meatballs in gravy with mashed potato, carro 21 Piece of fruit
week 4	Vegetarian lasagna 25 Piece of fruit	Chicken and vegetable stew with mashed potato 26 Piece of fruit	Margarita pizza Vegetable sticks 27 Ice cream	Spaghetti bolognaise Vegetable sticks 28 Piece of fruit