

DEC	Monday	Tuesday	Wednesday	Thursday
	3	4	5	6
	Pasta with tomato sauce and cheese Vegetable sticks	Chicken francks with mashed potato-carrots vegetable sticks	Omelette with chips and salad	Meatballs and vegetable couscous
week 1	Piece of fruit	Piece of fruit	Piece of fruit	Piece of cake
	10	11	12	13
	Macaroni and cheese Vegetable sticks	Burger and vegetable sticks	Margarita pizza Vegetable sticks	Noodle stir fry with chicken and vegetables
week 2	Piece of fruit	Piece of fruit	Piece of fruit	Cupcake