

SEPT	Monday	Tuesday	Wednesday	Thursday
week 1	10 Pasta with tomato sauce and cheese Vegetable sticks Piece of fruit	11 Chicken francks with mashed potato-carrots vegetable sticks Piece of fruit	12 Margarita pizza Vegetable sticks Piece of fruit	13 Meatballs and vegetable couscous Piece of cake
week 2	17 Macaroni and cheese Vegetable sticks Piece of fruit	18 Burger and vegetable sticks Piece of fruit	19 Noodle stir fry with chicken and vegetables Crepe	20 Chicken franks, potato and vegetable gratin piece of fruit
week 3	24 Spaghetti bolognaise Vegetable sticks Piece of fruit	25 Omelette with chips and salad Piece of fruit	26 Margarita pizza Vegetable sticks Piece of fruit	27 Fish fingers with rice Cupcake