

MARCH	Monday	Tuesday	Wednesday	Thursday
week 1				1 Omelette with chips and salad Piece of cake
week 2	5 Pasta with creamy tomato sauce and cheese Vegetable sticks Piece of fruit	6 Chicken and vegetables in gravy with mashed potato Piece of fruit	7 Vegetarian lasagna Piece of fruit	8 Meatballs and vegetable couscous Ice cream
week 3	12 Corn dogs with mashed potatoes and carrots Piece of fruit	13 Margarita pizza Vegetable sticks Piece of fruit	14 Omelette with chips and salad Piece of cake	15
week 4	19 Chicken sausage and pasta gratin Mixed salad Piece of fruit	20 Fried rice with chicken and vegetables Piece of fruit	21 Spaghetti bolognaise mixed salad Piece of fruit	22 Fish fingers with mashed potato vegetable sticks Crêpe
week 4	26 Meatballs in tomato sauce with rice Mixed salad Piece of fruit	27 Margarita pizza Vegetable sticks Cupcake	28 Chicken and vegetables gratin in white sauce Fruit salad	29 Chili con carne with rice vegetable sticks Piece of fruit